Mothers & Ministry

All sessions are being held in Maranatha Hall unless specified with an *. Those events marked with an * will be held in the Hospitality Room (next to coffee shop).

Friday: REFRESH

- 4:00 Registration begins -Maranatha Hall (not lobby)
- 6:00 Sabbath Ceremony (for those interested)
- 6:50 Dinner -dining hall
- 8:00 Opening session!!

Saturday: RETOOL

- 7:50 Breakfast
- 9:30 Opening Session
- 11:50 lunch
- 1:00 Naps ;-) yes...for real!
- 2:30 Afternoon Sessions:
 - 1. Growing Grateful toddlers & teens
 - 2. Parenting beyond High School *
- 4:30 Fireside chat: mothers with an 8-5 outside the home*
- 4:30 Q&A for mothers of preschoolers
- 5:50 Dinner
- 6:30 Fireside chat: mothers with blended families*
- 7:30 Catch the Vision

Sunday: RENEW

- 7:50 Breakfast
- 9:30 Firseside chat: mothers praying for prodigals*
- 10:30 key turn in
- 11:00 Returning Well (final session & communion)
- 1:00 The End…see you next year!

Amenities:

- Pool & Spa hours: 5:00am-1:00am
- Overflowing Cup Coffee Shop: 6:30am-12:00am
- Springs of Life Christian Book Store: Fri & Sat 10:00am-6:00pm, Sun 11:00am-2:00pm
- There is also a meditation chapel and a recreation room available for your enjoyment.

Descriptions:

<u>Sabbath Ceremony</u>- It will begin with a brief explanation of the ceremony itself, its benefits, and how to incorporate it into your home. We will then kindle the Sabbath lights together to begin our amazing 2 day Sabbath together!

<u>Opening Session</u>- This general session we will focus on how to think spiritually through both the mundane and the puzzling times. Overcoming fears and failures, avoiding parent comparison and competition, and navigating our modern day culture are just some of the topics we will discuss.

<u>Maps-</u> Well, at the risk of stating the obvious...we will rest!!! Whether you curl up in your bed, spread a blanket on the grass, or sit by the lake, this time is designed to allow you to sleep and restore yourself physically. The Sabbath was given to physically rest our bodies, so naps are a sweet little gift from God! For those that don't enjoy napping, this time can also be used or to process the lessons you have heard already with God. Many times conferences are overbooked with classes and no time to process. Please take advantage of this time to reflect on what you are learning and listen for God's voice.

Afternoon Sessions - In the afternoon sessions we will split into those moms who have already launched their children or are about to, and those that are just starting or somewhere in the middle. Trae Holland will lead the class for Parenting Beyond High School, and Traci will teach the class for the youngers. This will be a time to perhaps gain some new parenting tools you can try out when you get home!

Q&A- This is an extra hour for Traci to answer specific questions that are somewhat specific to the preschool years.

<u>Fireside chats</u>- These will be intimate sessions by the fireplace in the hospitality room designed to help those in specific demographic or situations further process what they are learning together. These groups will allow for the lessons to be taken deeper by viewing them through a specific lens. This will not necessarily be a time to gain more information, but to think through how to apply what has already been said.

<u>Catch the Vision</u>- This is a special time for us to learn from a panel of mothers and their adult children. We will welcome two

mothers who have sown and tended the garden of their children's hearts and are now on the reaping side. It will be a time for all of us striving to raise our children to love God and embrace discipleship, to drink in inspiration from those who have gone before us!

Returning Well- This will be one last session to rededicate ourselves to the mission of motherhood & help us prepare for whatever awaits us at home!

A few more details:

- All meals times listed are precise seating times because it takes 130 women at least 10 minutest to find their seats! LOL! Please be ready to find your seat at the listed time. The meal will be served promptly 10 minutes later.
- Have we mentioned that the hot springs are amazing!?!?!
- All guests are provided a bath towel, but should plan to bring their own spa towel. (you might enjoy having more than one)
- All guests will receive a room key at check in, and there is a \$10 fee for lost keys.
- Have we mentioned that we will have some lovely gifts for a few lucky women?!?!
- Unless you already specified GF or Vegetarian on your registration, plan to eat the standard meal provided. Their meal preparation has already been set by the special requests made in advance, and cannot be decided on a last minute, meal by meal basis.
- Have we mentioned that you will not be cooking or cleaning for at least 48 hours!?!?!